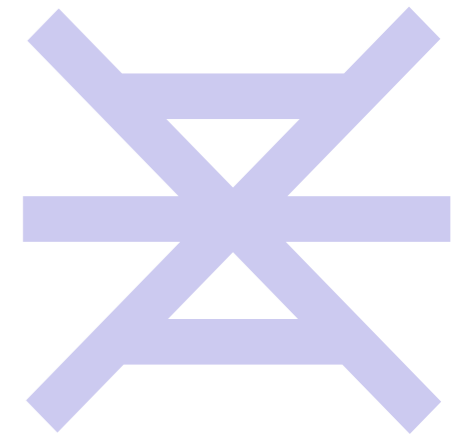


Your idea could change the way we respond to mental health

Information Pack Expression of Interest Information Pack

Discovery Grants 2024



Guide to this information pack

This Expression of Interest information pack has been put together to support you to prepare an EOI for a Discovery Grant. If you are invited to prepare a full application in May, the Full Application information pack is also available on our website to support your proposal.

Additional resources

We recommend reading about the Foundation on our website and Our Approach to Mental Health and Wellbeing before developing your proposal. You can also find support videos and answers to commonly asked questions on the Discovery page. We are holding an online information session 12pm 13 March and the recording will be available on the webpage as a resource the following week.

Accessing support

We encourage people to reach out to our Grants Manager for support in understanding whether a Discovery Grant is right for your idea and organisation or for support with the application process itself.

Contact Information

Kate Arnold - Grants & Operations
kate@fayfullerfoundation.com.au
0408 335 006

The details

Discovery Grants are a two-year grant to the total value of \$245,000. Expressions of Interest are open for anyone to apply and 8-10 proposals will be invited to progress to submitting a full application, alongside any interested existing Spark Grant Partners. Based on the full application stage a total of three grants will be awarded.

The opportunity

Discovery Grants support testing and developing preventative approaches that support mental health and the conditions for wellbeing with community to learn what works, what doesn't, and how it could be scalable, self-making, or sustainable. We hope Discovery Grants will contribute towards:

- Creating more or different ways for people's mental health and wellbeing to be supported that are holistic, person-centred, and compassionate.
- A shift in narrative and discourse around mental health to one that is strength-based, informed by community voice, and values living and lived experience.
- Envisioning, testing, and implementing new approaches that shift us from response to prevention by addressing the root causes and determinants that contribute to mental ill health and poor wellbeing in communities.



Fay Fuller
Foundation

Discovery Grants support testing and developing preventative approaches that support mental health and the conditions for wellbeing.

Applications 2024

OPEN: **04 March**
CLOSE: **5pm 15 April**

How to apply

During the application period, register or log into our [Grant Toolbox platform](#) via our website to submit your proposal. Please register under the primary organisation or individual applying, there is an opportunity to add collaborating organisations later in the process.

Your proposal can be uploaded as an attachment, written in an open text box and/or you can provide a link to an online platform to view or download videos.

We recommend registering a week before the due date if you haven't used this platform before. There will be a video available on our website that walks through the whole process, but if you have any problems at all reach out for a chat.

Eligibility

To be considered for a Discovery Grant your proposal needs to meet the following criteria:

For charitable purposes

We invite any type of organisation to apply where their work is for charitable purposes and for the benefit of community.

South Australian Community Based

As a South Australian based Foundation we support community-based programs of work within South Australia. This criteria is assessed on the location of the work and if it is to the benefit of a South Australian community.

Development of a new preventative and strengths-based approach to mental health and wellbeing

Discovery Grants are not intended to provide ongoing funding for existing programs or services as they are an opportunity to develop your idea with community. However, the foundations of your idea might be a spin-off or adaptation of an existing program or be informed by previous engagement with your community.

Resources

What can the funding be used for?

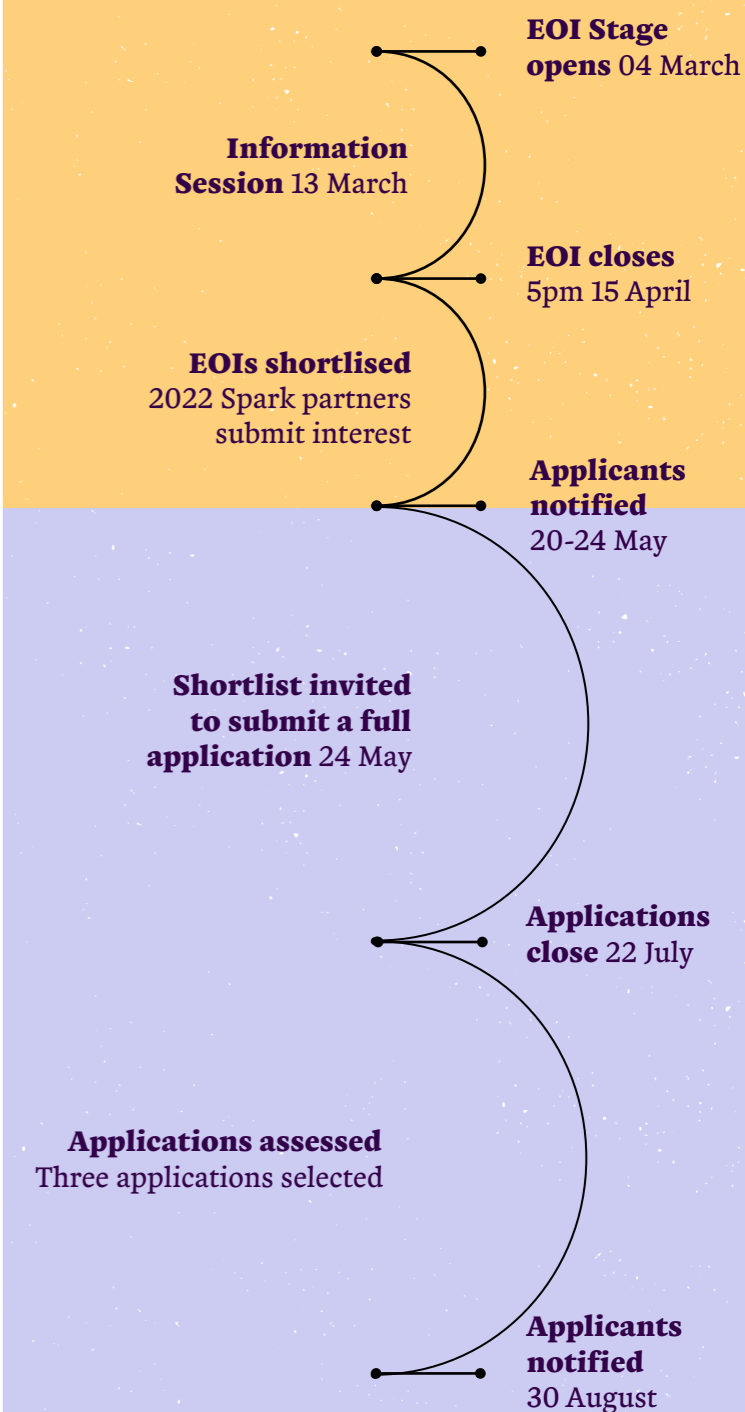
The funding is to enable you to develop your idea with community in alignment with your application. The only specific restrictions on how the funding is used is that it is for charitable purposes and supports your ability to undertake your proposal with your community.

What funding will be provided?

The funding will be provided as donations to support your work. Donations will be made in four six-monthly instalments of \$60,000 beginning in September 2024, and then after each milestone meeting to a total of \$240,000 (GST free). The Foundation will provide an additional \$5,000 to support the development of tools or evaluation frameworks to inform ongoing learning for the purpose of reflection and adaptation.

Is there any flexibility in timing?

We understand circumstances change and people work at different paces, so we will adapt to your needs and are happy to work flexibly.



Preparing your proposal

Through your EOI we are hoping to understand what you would like to explore through a Discovery Grant; the reason behind it, the opportunity, and your ways of working with community to create change. It is also important for us to consider whether the proposal is well suited to the opportunity and resources provided by a Discovery Grant.

Format

We want to hear from you in whatever way is easiest and preferred for you, this includes how you communicate as well as how you choose to prepare your proposal. Your proposal could be a narrative, short answer responses, a video, or an audio recording and it might be conversational, academic, or a more formal proposal. We will not be taking into account presentation, grammar, or length when reviewing your proposal, only how what you have shared with us aligns to the guiding statements and assessment criteria. If you're uncertain about any of this, please reach out for a chat to discuss options and ways we can support.

Length and detail

We don't want you investing too much of your time or resources in us and encourage you to be brief and speak to the heart of the matter. As a guide this might look like 1-2 pages of information. However, we understand that you might want to share more, or find it hard to cut down, longer is ok too! We don't require letters of support, or background information but if there is anything important or relevant to support your application you are welcome to reference or attach. If your EOI progresses to full application you will have the opportunity to provide more detail.

Direct Questions

When you upload your proposal in Grant Toolbox we will ask you to name:

- Your community group
- Location of the work
- What you want to develop

Information to include

The five guiding prompts below invite the type of information it's important for us to understand, you are welcome to include anything additional that you think is relevant.

Who | Introduce us to yourself and the community who will work on this project.

This might include: a short description of you or your organisation, any partner organisations, and a description of your community group.

What | Describe what you want to develop during Discovery.

This might include: information about the current situation, what you want to work towards, and the key stages needed to develop this idea.

Why | Share with us the inspiration or evidence that has informed your proposal

This might include: information about what you have seen, heard, discussed, read, done to date that spurred you to apply and community's involvement in this. We encourage you to be as specific to your context as possible.

How | Explain what approach you might take to developing your idea with community

This might include: what will be important about how you work with community, how you might approach developing and testing your idea, how you have done this previously. This doesn't need to be a project plan, just a description of key methods or approaches.

Hope | Talk to us about the difference this might make to the mental health and wellbeing of people living in South Australia

This might include: information about what preventative approaches for mental health and wellbeing means for your community, how this compares to what is currently available, or what you might hope to see at the end of the Discovery period, and into the future.

Process

Each EOI submission will be reviewed by at least two people from Fay Fuller Foundation using the eligibility and assessment criteria. We take a strengths-based approach to assessment and will be looking for examples of how what you have shared matches the criteria.

We will then come together as a team to discuss the outcomes of our individual assessments to share and compare our thoughts and to ensure a consistency of approach, and a critical lens against any bias. Where we are missing insight into content included in a submission, we may reach out to our close partners and networks, but this will remain an anonymous and confidential process. From this EOI assessment process, 8-10 applicants will be invited to share a full application. If this can not be achieved by the assessment criteria alone, the proposals most closely aligned with the intention and opportunity of Discovery will be prioritised with a consideration of balance across the shortlist. In addition to this shortlist, 2023 Spark Partners have the opportunity to submit a full application.

Assessment Criteria

We will use the below criteria to review your proposal. Each criteria is equally as important as the next and will be applied to all of the information provided in your proposal.

Learning with & from people

We will consider how your proposal shares a value of and a commitment to working with and learning from the voices of community and/or people with living and lived experience throughout all stages of Discovery.

Preventative & strengths-based

We will consider how your proposal expresses a strength-based and preventative approach, and how your proposal intends to build preventative approaches or conditions for wellbeing.

Valuing the process over the outcomes

We will consider how what you have shared demonstrates that your approach or methodology is process driven rather than outcome focussed e.g. having a learning and explorative approach, an open way of working, supports building and developing throughout the process and period.

Aligned to Discovery Grants

We will consider how what you have proposed aligns with the intention, opportunity, and parameters of Discovery with specific consideration to the amount of funding and time available.

Helpful hints for your Fay Fuller Foundation grant application

Not sure about how to approach your grant application or feeling like this is different to grant processes you have experienced before? We hope the following can provide a little guidance and inspiration of what you might include or share about in your application.

Communication and Feedback

What communication will I receive about my application?

When you upload your proposal through our Grant Toolbox online platform, you will receive an automatic confirmation email, we recommend checking your junkmail for this. If you have any concerns, please don't hesitate to reach out to us. We will notify all applicants of the outcome of their proposal via email between 20-24 May. For all communications, the information for the key contact provided in Grant Toolbox will be used unless otherwise indicated within the application.

What feedback will we receive?

We will provide written feedback to all applicants as to the outcome of their proposal, strengths that stood out to us, and any specific feedback as it relates to an eligibility or assessment criteria. We understand detailed feedback can be valued, but feel it is contextual to the process so offer to provide this on a one-to-one basis if requested. Only the final selection of three grant partners will be shared publicly in September.

For more information about what to expect during a Discovery Grant or partnering with the Foundation, see the Full Application information pack.

Have a question?

We welcome you to get in touch and clarify any questions you might have about submitting an application.

Tell us who the characters are.

Share with us about who is involved, their characteristics and strengths and what is important to them. Explain who else needs to be involved and how you will look to involve them with consideration for what they can bring to this work through their individual roles and how you might we learn together and from each other.

Answer - why you?

Explain the relationships, knowledge, understanding, or expertise that you or your organisation hold that put you in prime position to do this work. Do you belong to the community or hold strong community relationships? Do you have a deep understanding of the system within which an opportunity has arisen? Do you come from a different technical background but can see how that could be applied to a new challenge? Share about how your way of working aligns with the processes of iterating, adapting, and deeply engaging with community.

Apply in a way that helps you shine.

We happily encourage and accept grant applications in multiple formats so that you can apply in the way that best helps you to share your idea. Consider what this means for you with the knowledge that the format of your application will in no way influence how it is assessed. Are you more confident preparing a written application or sharing more of a mind map? Would you prefer to talk through your ideas and have this recorded? Mostly know that this is not about giving us a good show but about you having the best opportunity to put your idea forward.

Live in possibility, not solutions.

Don't feel that the end point needs to be fixed and decided on from the start. Instead, speak to your idea, how you might approach testing or building it, and what you want that process to look or feel like.

Demonstrate openness to adapt, iterate, and learn.

We are looking for pieces of work that are shaped through deep engagement with community and demonstrate a learning approach with a willingness to adapt based on community input and iterate throughout the project lifecycle informed by what you are seeing, hearing, and learning along the way.

Come from a strengths-based position.

Instead of focussing on deficits, challenges or what is wrong, think about; What are the strengths of this community? What are their assets? What is the gap you want to fill by strengthening these or applying them to a new challenge? How might you leverage existing assets and build on strengths?

Consider, what is the story of this work?

Provide us with a sense of the lay of the land or the current state, the challenge or opportunity, the good stuff you want to build on or leverage, and what you want to know more about or achieve by the end.